



# Lister Project

Mental health

**LiveWell**

South  
Yorkshire  
Housing  
Association



## **Lister Project is a residential service for adults who have enduring mental health conditions.**

We will support you to build your confidence, be more independent, and build on your strengths to support your recovery. We have five individual homes designed to encourage you to develop independent living skills.

You'll have the security and privacy of your own home, with individualised recovery-focused support based around your needs. This includes:

- Accommodation in one of our shared houses based around large communal gardens
- Communal facilities, including bathrooms, dining kitchens and lounges, all decorated and finished to the highest standard
- 24 hour support from experienced employees.

### **Support and activities**

The Lister Project has an on-site team of specialist staff available 24 hours a day.

You can also choose to participate in a wide range of activities,

designed to support you to build your confidence, live more independently, and achieve your goals. We also offer:

- Support with your transition from hospital or your previous accommodation.
- Regular meetings with your keyworker, who will ensure that you are happy, your needs are met, and appropriate support is being delivered to help your recovery.
- Access to a team of Health and Wellbeing coaches, who will work with you using a range of therapeutic approaches. We work closely with other professionals and agencies to provide a co-ordinated personalised service.

### **Applying for a place**

We welcome adults who are 18+ and have a mental health diagnosis. Referrals are accepted from local Community Mental Health Teams and hospital.

To find out if you are eligible for a place call us at the Lister Project and talk to one of our friendly team on 0114 2652016.